

January 2013

#### Director's Corner...

Let me begin by apologizing for the lateness of this newsletter. The flu season set me behind a week and then the holidays were upon us and the time just flew by. I still have no idea where it went.

I want to wish everyone a Happy New Year. Let's hope it's a healthy one for all. I'm sure with all the new resolutions that were made we are all back on our diets and joining the exercise class. I hope we are all going to be more considerate, courteous, and thoughtful of other people's feelings. Sometimes we all need to take a step back, take a deep breath, and redirect our thoughts, feelings, and words.

As you all know by now, our new ramp is under construction. It will have radiant heating coils in it so that the snow and ice will melt. Won't that be wonderful! You can use the back door to enter and exit the building until the construction is complete.

We are advertising the trip to Washington, DC for May 17 – 20. There is more information in this newsletter and you may pick up a flyer in the office. If you are interested, please sign up as soon as possible. The absolute cut-off date for this trip is February 8. After this date, it will be cancelled.

We are still desperately looking for Meals on Wheels volunteers. If you can help us out one day per week or even on a fill-in basis please let us know.

AARP Tax Assistance will begin on Friday, February 1 and volunteers will be with us every Wednesday and Friday from 9 to 3 until April 12. For information on what documentation to bring with you, please read the newsletter.

Heating Assistance re-certifications have been mailed. Please be sure to check the information and update whatever is incorrect and follow the list of documentation that is needed in order to get your application processed quickly. If you are in desperate need of heating oil you may try calling the following:

Salvation Army, Good Neighbor Energy at 1-401-574-9003

Citgo Discount Oil at 1-877-563-4645

Keep the Heat On at 1-401-421-7833

Please remember that certain criteria may apply.

I wish you a Peaceful New Year

Janice